

# How to make a good impact on the environment by using less food packaging

In this essay, I'm going to tell you how using less food packaging is an easy and effective way to impact the environment in a good way. At my house, we try to do just that, and that is one of the reasons why I'm writing my essay about this. Another reason is because food packaging at stores consists of almost all plastic. When they sell reusable bags, it's pretty expensive. Plastic is going to the ocean, which is killing all the animals there! But here I can show you ways- including buying reusable bags- that you can easily impact the environment without wrecking it... because sometimes you don't know that you are ruining it.

A way to help the environment is by buying in bulk. Bulk is a good way to impact the environment, but you can mess up sometimes. For example, you could buy a small batch of nuts one day from bulk, eat it all, and then the next day go back for more. There you are using a small amount of plastic, but you never have any idea how little you do can make a huge impact, but this time in a bad way. So what I'm trying to say is that when you buy in bulk, try to buy as much as you are going to eat in, say a week or so, then you won't be using that much plastic. So buying in bulk can help the environment.

But what do you do if you don't have bulk? If you do not have access to bulk stores, there are still ways you can save the environment by reducing food packaging. You can avoid buying plastic packaged foods. You could use the plastic bags that they have because they have very thin packaging. Also, for the people who live with a large field and find this not too hard, you can even grow your own fruits, vegetables and canned foods! And I told you that I will include bringing your own reusable bags. So you can still help the environment if you don't have bulk.

One more example is to not buy individually wrapped items. That means not buying those little munchie snacks that only serve one. They barely have anything, and then when you throw them away, they pollute! So either don't buy those, or buy big things of them. For example, Ritz have little sandwich crackers that are individually wrapped. But, they also sell big boxes of them that aren't individually wrapped! You can do that with many snacks, and that will have a big impact on the environment.

So I have just told you many ways to use less food packaging by buying in bulk, and what to do when you don't have bulk. It is very easy, it's pretty cheap, and everyone can do it and it will impact the environment in a good way! I hope that this essay has helped, and will help all the fish, us, and the environment. I hope that people will follow it, because one small change, can be a big impact. Thank you!