

Dear parents,

Hi it's Avery, as you guys know I love environmental science. Recently, my teacher showed us a video in our classroom that delivered a lot of information about pollution. I was thinking a lot during the video, we learned about waste, including plastic, and the effects that it has on our environment and our bodies.

I strongly believe that our family needs to reduce our plastic use because it can make you guys sick.

This is how it works, the toxic chemicals in the plastic can cause severe illnesses like, infertility, obesity, diabetes, prostate cancer, thyroid problems, heart diseases, and many more.

Another reason why we should reduce our plastic use is because of pollution! Pollution is extremely harmful to our earth. We are putting toxic chemicals on our earth that can't adapt and will eventually build up that spreads all over the earth! Did you know plastic takes 20 to 500 years to decompose?! That's such a long time!

It's sad to know that our planet can get destroyed because of plastic pollution.

My last way to reduce plastic is to invest in alternatives of plastic like, glass, stainless steel, paper, bamboo, metal, and many more. Most of these alternatives are reusable which will save you money because you won't have to buy more and will last longer. Some of these alternatives will decompose like paper. It only takes 2 to six weeks to decompose!

Hopefully you guys can take my advice so we can reduce plastic use.

Thanks for reading my story

Love your daughter Avery.